

About Your ENT

Nasal Polypus

Definition

A nasal polypus is an abnormal swelling of the mucous membrane of the nose and sinuses.

It is of two types

1) Simple or Mucous Polypus

According to aetiology, they are of the following types:

Allergic

Vasomotor

Inflammatory

Mixed

2) Neoplastic Polypus They are divided in two groups:

Benign

Malignant

Simple or Mucous Polypus

Actiology Infection of the nose and sinuses. Nasal allergy.

Gravity

Other nasal defects e.g. DNS.

Heredity

Age (more common in adults)

Sex (more common in females)

Shape of the nose i.e. Narrow nose.

These polypi arise usually from the ethmoid cells, middle meatus and middle turbinal and then comes down to the cavity of the nose.

Symptoms Nasal obstruction

Nasal discharge

Anosmia

Headache

Speech defect

Miscellaneous i.e. broad nose, conductive deafness, etc.